

Fun Ways to Get the Kids Outdoors

If your child has nature-deficit disorder, it means that your kid spends too much time indoors. Blame it on a busy lifestyle or blame it on technology. The result is the same: A child that doesn't have a connection with his or her natural world. It is time to flip the script, so get outside with your entire crew. The links below can help you do just that whether you want to stick to the relative safety of home or experience an adventure unlike any other.



Image via [Pexels](#)

Outdoors in Your Own Backyard

[These 10 DIY Backyard Games Will Keep the Party Outside](#)

[Backyard Tree Identification Guide](#)

[10 Flowers to Grow With Kids](#)

[9 Great Outdoor Learning Activities for Springtime](#)

[5 Ways to Attract Fireflies to Your Yard](#)

[DIY Water Blob: Tutorial](#)

Adventure Is Everywhere

[4 Tips When Mountain Biking With Your Child](#)

[How to Explore Caves With Your Kids: Spelunking Basics](#)

[5 Items to Bring When Deep-Sea Fishing With Your Kids](#)

[13 Insane Zip Lines for Thrill-Seeking Families](#)

[10 Top National Wildlife Refuges To Explore](#)

[8 Tips for Boating with Kids](#)

These are 12 great options for getting the kids to experience the outdoors. But they are not the only options out there. Use them as inspiration, but don't be afraid to simply ask your children what they want to do. You may be surprised to find that your video game-addicted tween is longing for adventure in real life. Whether that's building a pool in your own backyard or hopping on a zip line for a full-blown family thrill, it always pays to get outdoors.